

0.0	R	Cowpath Road Leaving ICF
0.1	R	Reliance Road
0.7	L	Godshall Road
1.1	R	Lower Road
1.8	TL-S	x Allentown Road
2.0	SS	Forman Road
2.8	L	School House Road
3.0	R	Skippack Creek Road
3.7	R	Fretz Road
4.1	R	Yoder Road
5.3	R	Kulp Road
5.8	L	School House Road
6.5	TL-S	x Rt 113
6.8	R	Indian Creek Road
6.9	L	Clemens Road
7.6	R	Hunsicker Road
8.1	SS-S	Kellers Creamery Road
8.4	L	Hunsicker/Crestwood Drive
9.0	R	Creamery Road
9.8	L	Allentown Road
10.0	R	Green Hill Road
11.1	R	Cowpath Road
11.2	R	<b>Rest Stop-Chestnut Grove Pk Ends 10:30</b>
11.2	L	Out of Rest Stop onto Cowpath

11.9	R	Barndt Road
12.0	SS-S	x County Line Road
12.1	L	Gold Mine Road
12.9	L	Ridge Road
12.9	R	Thousand Acre Road
14.6	R	Allentown Road
15.0	L	Finland Road
16.0	R	Old Woods Road
16.8	R	Wright Road
17.5	L	Esten Road
17.9	L	Trumbauersville Road
18.6	R	Canary Road
20.4	L	Fennel Road
21.2	SS-S	x Fels Road
22.4	L	Miller
23.7	L	Finland Road
24.0		<b>Rest Stop Marlborough Park- CLOSSES at 10:30</b>
24.5	L	Upper Ridge Road
24.6	BL	Haring Road
24.9	S	becomes Carvers Hill Road
25.6	R	Trumbauersville Road
26.3	R	Upper Ridge Road
26.4	L	Swamp Creek Road
27.6	SS-L	Swamp Creek Road

28.6	L	Knockel
29.5	R	Hill
30.4	S	Hill
31.2	L	Zepp
31.7	L	Rostkowski Road
32.3	R	Township Line Road
32.7	L	Ridge Road
32.9	SS-S	becomes Moyer Road
33.8	L	Cressman Road
34.7	R	Morwood Road
35.0	BL	Fretz Road
36.5	R	Dietz Mill Road
36.7	R	Allentown Road
37.1	L	Rising Sun Road
38.1	L	Morwood Road
38.4	R	Cowpath Road
39.2	TL-S	x Telford Pike
39.5	TL-S	x Harleysville Pike
39.6	R	ICF

**Key:**

L=Left	BR=Bear Right
R=Right	BL=Bear Left
S=Straight	QR=Quick Right
SS=Stop Sign	QL=Quick Left
	TL=Traffic Light

**Route Markings:**

Route is marked with WHITE directional arrows.

**Rest Stops:**

11.2 mile - Chestnut Grove Park  
24.0 mile - Marlborough Comm Park

**SAG ASSISTANCE**

215-301-9450 or 570-972-3456

**Please Check in at Finish**