

0.0 R Cowpath Road Leaving ICF  
 0.1 R Reliance Road  
 0.7 L Godshall Road  
 1.0 R Lower Road  
 1.5 TL-S x Allentown Road  
 1.7 SS Forman Road  
 2.7 L School House Road  
 2.8 R Skippack Creek Rd  
 3.4 R Fretz Road  
 3.8 R Yoder Road  
 4.9 R Kulp Rd  
 5.7 L School House Road  
 6.4 TL-S x Rt 113  
 6.7 R Indian Creek Road  
 6.9 L Clemens Road  
 7.1 R Hunsicker Road  
 8.0 SS-S Kellers Creamery Road  
 8.2 L Hunsicker/Crestwood Drive  
 9.0 R Creamery Road  
 9.4 L Allentown Road  
 9.6 R Green Hill Road

10.6 R Cowpath Road  
 10.7 R **Rest Stop-Chestnut Grove Pk- Ends 10:30**  
 10.7 L Out of Rest Stop onto Cowpath  
 11.4 R Barndt Road  
 11.4 SS-S x County Line Road  
 11.6 L Gold Mine Road  
 12.6 L Ridge Road  
 12.8 R Thousand Acre Road  
 14.5 R Allentown Road  
 14.9 L Finland Road  
 15.9 R Old Woods Road  
 16.7 R Wright Road  
 17.4 L Esten Road  
 17.8 L Trumbauersville Road  
 18.5 R Canary Road  
 20.2 L Fennel Road  
 21.0 SS-S x Fels Road  
 22.2 L Miller  
 23.4 L Finland Road  
 23.8 **Rest Stop Marlborough Park- CLOSSES at 10:30**  
 24.2 L Upper Ridge Road  
 24.4 BL Haring Road  
 24.6 S becomes Carvers Hill Road  
 25.3 R Trumbauersville Road

27.2 L Swamp Creek Road  
 27.4 BR Swamp Creek Road  
 30.5 L at Magazine **SPLIT** (Stay on Swamp Creek)  
 30.7 L Gerryville Pike  
 30.9 L Sumneytown Pike - Rt 63  
 31.1 L Zepp Road  
 31.3 BR Rostkowski Road  
 31.9 R Township Line Road  
 32.3 L Ridge Road  
 32.5 SS-S becomes Moyer Road  
 33.4 L Cressman Road  
 34.3 R Morwood Road  
 34.6 BL Fretz Road  
 35.8 R Dietz Mill Road  
 36.3 R Allentown Road  
 36.7 L Rising Sun Road  
 37.6 L Morwood Road  
 38.0 R Cowpath Road  
 38.8 TL-S x Telford Pike  
 39.1 TL-S x Harleysville Pike  
 39.2 R ICF

**Key:**

L=Left	BR=Bear Right
R=Right	BL=Bear Left
S=Straight	QR=Quick Right
SS=Stop Sign	QL=Quick Left
	TL=Traffic Light

**Route Markings:**  
 Route is marked with white arrows (< >)

**Rest Stops:**  
 11.0 mile - Chestnut Grove Park  
 23.8 mile - Marlborough Comm Park

**SAG ASSISTANCE**  
 215-301-9450 or 570-972-3456

**Please Check in at Finish**

**ALL SERVICES END AT MAIN  
 CAMPUS AT 1:30PM!!!**